



مستشفى أن أم سي للرعاية التخصصية المزمنة
nmc chronic care specialty hospital

Complete health check-up plans



Being healthy is our responsibility
towards our family

Starting at SR 999

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from home



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E-report within 24 hrs



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CBAHI
accredited

For information call 0550709635 012 6180600 ext. 770

Lab Tests:

- ▲ **CBC:** Complete Blood Count
- ▲ **Sickle Cells:** Sickle cells in blood
- ▲ **Blood Sugar:** Glycated Haemoglobin (HbA1c)
- ▲ **Lipid Profile:** Cholesterol, Triglycerides (TG) in Serum, High Density Lipoprotein (HDL), Low Density Lipoprotein (LDL)
- ▲ **Kidney Function Test:** Blood Urea Nitrogen (BUN), Creatinine in Serum, Albumin/Creatinine Ratio, Estimated Glomerular Filtration Rate (eGFR)
- ▲ **Liver Function Test:** Alanine Aminotransferase (ALT), Aspartate Aminotransferase (AST), Bilirubin (Direct), Bilirubin (Total), Albumin in serum, Total protein in serum.
- ▲ **Thyroid Function Test:** Thyroid Stimulating Hormone (TSH).
- ▲ **Electrolyte Test:** Alkaline Phosphatase, Calcium (Total), Chloride, Potassium, Sodium in serum.
- ▲ **Urine Analysis:** Urine analysis
- ▲ **Stool Analysis:** Stool analysis

Consultations

- ▲ Doctor Consultation
- ▲ Home visit blood and urine sample collection

Bronze (Male)

Lab Tests:

- ▲ **CBC:** Complete Blood Count
- ▲ **Sickle Cells:** Sickle cells in blood
- ▲ **Blood Sugar:** Glycated Haemoglobin (HbA1c)
- ▲ **Lipid Profile:** Cholesterol, Triglycerides (TG) in Serum, High Density Lipoprotein (HDL), Low Density Lipoprotein (LDL)
- ▲ **Kidney Function Test:** Blood Urea Nitrogen (BUN), Creatinine in Serum, Albumin/Creatinine Ratio, Estimated Glomerular Filtration Rate (eGFR)
- ▲ **Liver Function Test:** Alanine Aminotransferase (ALT), Aspartate Aminotransferase (AST), Bilirubin (Direct), Bilirubin (Total), Albumin in serum, Total protein in serum.
- ▲ **Thyroid Function Test:** Thyroid Stimulating Hormone (TSH).
- ▲ **Uric Acid:** Uric acid in serum.
- ▲ **Vitamins:** Vitamin D, Vitamin B12.
- ▲ **CRP:** C-Reactive Protein High Sensitivity
- ▲ **Electrolyte Test:** Alkaline Phosphatase, Calcium (Total), Chloride, Potassium, Sodium in serum.
- ▲ **Urine Analysis:** Urine analysis
- ▲ **Stool Analysis:** Stool analysis, Stool occult blood
- ▲ **Prostate Cancer Screen:** Prostate Specific Antigen (PSA) Total

Radiology

- ▲ Chest X-Ray

Other services

- ▲ Resting ECG

Consultations

- ▲ Internal Medicine Consultation
- ▲ Home visit blood and urine sample collection

Bronze (Female)

Lab Tests:

- ▲ **CBC:** Complete Blood Count
- ▲ **Sickle Cells:** Sickle cells in blood
- ▲ **Blood Sugar:** Glycated Haemoglobin (HbA1c)
- ▲ **Lipid Profile:** Cholesterol, Triglycerides (TG) in Serum, High Density Lipoprotein (HDL), Low Density Lipoprotein (LDL)
- ▲ **Kidney Function Test:** Blood Urea Nitrogen (BUN), Creatinine in Serum, Albumin/Creatinine Ratio, Estimated Glomerular Filtration Rate (eGFR)
- ▲ **Liver Function Test:** Alanine Aminotransferase (ALT), Aspartate Aminotransferase (AST), Bilirubin (Direct), Bilirubin (Total), Albumin in serum, Total protein in serum.
- ▲ **Thyroid Function Test:** Thyroid Stimulating Hormone (TSH).
- ▲ **Uric Acid:** Uric acid in serum.
- ▲ **Vitamins:** Vitamin D, Vitamin B12.
- ▲ **CRP:** C-Reactive Protein High Sensitivity
- ▲ **Electrolyte Test:** Alkaline Phosphatase, Calcium (Total), Chloride, Potassium, Sodium in serum.
- ▲ **Urine Analysis:** Urine analysis
- ▲ **Stool Analysis:** Stool analysis, Stool occult blood

Radiology

- ▲ Chest X-Ray
- ▲ Mammogram (Above 40 years)

Other services

- ▲ Resting ECG

Consultations

- ▲ Internal Medicine Consultation
- ▲ Home visit blood and urine sample collection

Silver (Male)

Lab Tests:

- ▲ **CBC:** Complete Blood Count
- ▲ **Sickle Cells:** Sickle cells in blood
- ▲ **Blood Sugar:** Glycated Haemoglobin (HbA1c)
- ▲ **Lipid Profile:** Cholesterol, Triglycerides (TG) in Serum, High Density Lipoprotein (HDL), Low Density Lipoprotein (LDL)
- ▲ **Kidney Function Test:** Blood Urea Nitrogen (BUN), Creatinine in Serum, Albumin/Creatinine Ratio, Estimated Glomerular Filtration Rate (eGFR)
- ▲ **Liver Function Test:** Alanine Aminotransferase (ALT), Aspartate Aminotransferase (AST), Bilirubin (Direct), Bilirubin (Total), Albumin in serum, Total protein in serum.
- ▲ **Thyroid Function Test:** FT4, Thyroid Stimulating Hormone (TSH), T3 (Total)
- ▲ **Uric Acid:** Uric acid in serum.
- ▲ **Vitamins:** Vitamin D, Vitamin B12.
- ▲ **Inflammatory markers:** Sedimentation rate (E.S.R)
- ▲ **CRP:** C-Reactive Protein High Sensitivity
- ▲ **Electrolyte Test:** Alkaline Phosphatase, Calcium (Total), Chloride, Potassium, Sodium in serum.
- ▲ **Hepatitis:** Hepatitis B - Surface Ab, Hepatitis B - Surface Ag, Hepatitis C
- ▲ **HIV:** HIV - Antigen
- ▲ **Urine Analysis:** Urine analysis
- ▲ **Stool Analysis:** Stool analysis, Stool occult blood
- ▲ **Blood Grouping:** Blood group
- ▲ **Prostate Cancer Screen:** Prostate Specific Antigen (PSA) Total

Radiology

- ▲ Chest X-Ray
- ▲ Ultrasound of abdomen & pelvis

Other services

- ▲ Echocardiogram (ECHO)
- ▲ Resting ECG
- ▲ Body Mass Index

Consultations

- ▲ Internal Medicine Consultation
- ▲ Nutritionist Consultation
- ▲ Home visit blood and urine sample collection

Silver (Female)

Lab Tests:

- ▲ **CBC:** Complete Blood Count
- ▲ **Sickle Cells:** Sickle cells in blood
- ▲ **Blood Sugar:** Glycated Haemoglobin (HbA1c)
- ▲ **Lipid Profile:** Cholesterol, Triglycerides (TG) in Serum, High Density Lipoprotein (HDL), Low Density Lipoprotein (LDL)
- ▲ **Kidney Function Test:** Blood Urea Nitrogen (BUN), Creatinine in Serum, Albumin/Creatinine Ratio, Estimated Glomerular Filtration Rate (eGFR)
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- ▲ **Electrolyte Test:** Alkaline Phosphatase, Calcium (Total), Chloride, Potassium, Sodium in serum.
- ▲ **Hepatitis:** Hepatitis B - Surface Ab, Hepatitis B - Surface Ag, Hepatitis C
- ▲ **HIV:** HIV - Antigen
- ▲ **Urine Analysis:** Urine analysis
- ▲ **Stool Analysis:** Stool analysis, Stool occult blood
- ▲ **Blood Grouping:** Blood group
- ▲ **Folic Acid:** Folic acid in blood
- ▲ **Iron Status:** Iron in serum, UIBC (Unsaturated Iron Binding Capacity), Ferritin

Radiology

- ▲ Chest X-Ray
- ▲ Ultrasound of abdomen & pelvis
- ▲ Resting ECG
- ▲ Mammogram (above the age of 40)

Other services

- ▲ Echocardiogram (ECHO)
- ▲ Body Mass Index

Consultations

- ▲ Internal Medicine Consultation
- ▲ Nutritionist Consultation
- ▲ Home visit blood and urine sample collection

Gold (Male)

Lab Tests:

- ▲ **CBC:** Complete Blood Count
- ▲ **Sickle Cells:** Sickle cells in blood
- ▲ **Blood Sugar:** Glycated Haemoglobin (HbA1c)
- ▲ **Lipid Profile:** Cholesterol, Triglycerides (TG) in Serum, High Density Lipoprotein (HDL), Low Density Lipoprotein (LDL)
- ▲ **Kidney Function Test:** Blood Urea Nitrogen (BUN), Creatinine in Serum, Albumin/Creatinine Ratio, Estimated Glomerular Filtration Rate (eGFR)
- ▲ **Liver Function Test:** Alanine Aminotransferase (ALT), Aspartate Aminotransferase (AST), Bilirubin (Direct), Bilirubin (Total), Albumin in serum, Total protein in serum
- ▲ **Thyroid Function Test:** FT4, Thyroid Stimulating Hormone (TSH), T3 (Total)
- ▲ **Uric Acid:** Uric acid in serum
- ▲ **Vitamins:** Vitamin D, Vitamin B12
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- ▲ **CRP:** C-Reactive Protein High Sensitivity
- ▲ **Electrolyte Test:** Alkaline Phosphatase, Calcium (Total), Chloride, Potassium, Sodium in serum
- ▲ **Hepatitis:** Hepatitis B - Surface Ab, Hepatitis B - Surface Ag, Hepatitis C
- ▲ **HIV:** HIV - Antigen
- ▲ **Urine Analysis:** Urine analysis
- ▲ **Stool Analysis:** Stool analysis, Stool occult blood
- ▲ **Allergy Test:** RAST Test foods, RAST Test inhalants
- ▲ **Blood Grouping:** Blood group
- ▲ **Prostate Cancer Screen:** Prostate Specific Antigen (PSA) Total
- ▲ **Hormones Package:** DHEA-S, Testosterone Total, Follicle Stimulating Hormone (FSH), Luteinizing Hormone - (LH), Prolactin Hormone

Radiology

- ▲ Chest X-Ray
- ▲ Ultrasound of abdomen & pelvis
- ▲ Bone Density Study

Other services

- ▲ Echocardiogram (ECHO)
- ▲ Resting ECG
- ▲ Body Mass Index
- ▲ Urea breath test

Consultations

- ▲ Internal Medicine Consultation
- ▲ Nutritionist Consultation
- ▲ Any other consultant of choice
- ▲ Home visit blood and urine sample collection

Gold (Female)

Lab Tests:

- ▲ **CBC:** Complete Blood Count
- ▲ **Sickle Cells:** Sickle cells in blood
- ▲ **Blood Sugar:** Glycated Haemoglobin (HbA1c)
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Radiology

- ▲ Chest X-Ray ▲ Ultrasound of abdomen & pelvis
- ▲ Mammography (Above age of 40)

Other services

- ▲ Echocardiogram (ECHO) ▲ Resting ECG ▲ Body Mass Index ▲ Urea Breath Test

Consultations

- ▲ Internal Medicine Consultation ▲ Nutritionist Consultation
- ▲ Any other consultant of choice ▲ Home visit blood and urine sample collection